

OCOM joins Old Town Chinatown Neighborhood

by Gretchen Horton

On September 12, Oregon College of Oriental Medicine (OCOM) opens its new campus and clinic in Portland's Old Town Chinatown. A weekend community celebration at the downtown building commemorating the college's grand opening begins Friday, October 5th with a Ribbon Cutting Ceremony from 3:00 to 5:00 pm, followed by a Clinic Open House on Saturday, October 6th from 10:00 am to 2:00 pm.

The relocation of OCOM's campus from its long-time location in outer Southeast Portland to the heart of the city is the culmination of a multi-year planning process that began in 2005. The move comes at an historic and strategically important time for the college, as the use of acupuncture and Chinese medicine becomes an increasingly mainstream health care option, and interest in master's and doctoral degree programs for the medicine continues to grow.

"Moving downtown," says OCOM President and CEO Dr. Michael Gaeta, "will increase the availability of cost-effective and therapeutically-effective acupuncture and Oriental medicine treatments in a central location near convenient public transportation; provide affordable health care options to meet the growing needs of the community's underserved and aging populations; and provide excellent opportunities for partnership with other neighborhood service organizations and community members. The additional space supports the increasing interest in OCOM's master's and doctoral acupuncture and Oriental medicine degree programs, while simultaneously allowing the college to provide health care in a neighborhood currently undergoing an exciting renaissance."

The year-long redevelopment of the 1911 building, a registered National Historic site, kicked off in 2011 with a groundbreaking event attended by more than 150 community members. Designed with the most innovative and sustainably minded thinking from both Western and Eastern viewpoints, the building was remodeled according to historic preservation specifications to be LEED Gold certified upon completion, and designed according to the principles of the Chinese art of feng shui. A state-of-the-art academic, clinical, and research facility, the new building approximately doubles the college's square footage to better serve the needs of students and patients; brings OCOM's academic, clinical and research facilities together under one roof; and supports the expansion of OCOM's clinic services, public programs, and community wellness activities.

Early stages of the 100-year old building remodel in 2011 included gutting all four floors of the interior for seismic retrofit purposes. Building windows, milled to meet historic and LEED Gold standards, were installed in late November, and the construction of a fifth floor addition began soon after, expanding the footprint of the building to meet OCOM's needs. Over the December holidays, the historic "Import Plaza" sign that adorns the roof was restored and emblazoned with "OCOM," then re-installed. A neighborhood fixture, the prominent red sign is visible from a number of Portland locations, including looking west from both the Steel and Burnside bridges. Through late spring and early summer, energy and water-efficient kitchens, bathrooms, and showers, bike parking, and other sustainability elements were installed.

Renovating the building to LEED Gold standards aligns the utility of the building with OCOM's commitment to create greater health for patients, students, faculty, and staff. The sustainability features of the building were also designed to contribute to Portland's vision to reduce waste and emissions, and promote a healthier downtown environment. Noteworthy features include the fifth floor green roof, access to views and daylight in 90% of interior spaces, and optimal energy and water efficiency including motion-sensing fixtures and section-by-section adjustable temperature zones.

OCOM worked with internationally recognized feng shui master Alex Stark to ensure the new campus design would be harmonized both externally



OCOM's restored facade and historic sign

From the Editor

Education is on the minds of many as we move into the back-to-school season. Late summer, the anticipation begins—the building excitement for a new class or program, a new teacher, perhaps a new environment or school supplies. Even if we don't have children in school, many of us feel the ingrained fall trigger, pulling us to explore something new after our (often differently) paced summer days. Many seek out life-long learning opportunities. Classes and seminars for personal growth or professional/leadership development arise. Lectures and events hosted by our local artistic institutions present themselves.

This issue of *The Crier* is loosely focused on educational endeavors—the programs, classes, events, movements, and opportunities that are right at our fingertips during our magical fall months, and throughout the year. Our neighborhood warmly welcomes OCOM this fall (and PNCA in the near future!). PICA presents wild arts and music-related events, workshops, and conversations via its 12th annual T:BA Festival. RACC's Right Brain Initiative expands its creative reach from 31 Portland Public Schools to 45 in the 2012/13 school year. And more.

There's a lot going on, to be sure. Hopefully there's something enticing you to dive in and hone a new skill, discover a different focus, engage in a new activity or event in Old Town Chinatown. Make the most of your fall. Expand your view! Nurture your mind!



Eve Connell, Editor

About *The Crier*

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The Old Town Chinatown Crier is a publication of the Old Town Chinatown Neighborhood Association, 115 SW Ash Street, Suite 400G, Portland, OR 97204.



Join your neighbors

The **Old Town Chinatown Neighborhood Association (OTCTNA)** welcomes your participation. Visit us online at otctna.shutterfly.com and on Facebook.

Committee meetings

OTCT Neighborhood Association: First Tuesday of the month, 4:30 pm to 6:30 pm at University of Oregon, 70 NW Couch Street, Room 146. Contact Nancy Stovall at 503.234.0403 or chair@oldtownchinatown.com. General meeting, public welcome.

OTCTNA Communication Committee: Does not meet regularly but invites volunteers who can help with graphic design, writing, *Crier* events page editing, publicizing community events. Contact Nancy Stovall, chair@oldtownchinatown.com.

OTCTNA Livability and Public Safety Committee: Last Wednesday, 11:30 am to 1:00 pm at Central City Concern, 232 NW 6th Avenue. Contact Howard Weiner at 503.248.0495 or howard@calsk8.com.

OTCTNA Land Use and Design Review Committee: Third Tuesday, 3:00 pm to 4:30 pm, University of Oregon, 70 NW Couch Street, Room 150. Contact Patrick Gortmaker at 503.227.8600 x13 or patrick@kalbererco.com.

PHLUSH (Public Hygiene Lets Us Stay Human): Contact Pete Mercurio at info@phlush.org for time of meetings and events.

OTCT Business Association: Third Thursday, 11:30 am to 1:00 pm. Location rotates among participating businesses. Contact Dorian Yee at 503.224.7066 or dorian.yee@bankofthewest.com.



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PHLUSH hosts World Toilet Organization Leader Jack Sim

By Merlin Varaday

Local sanitation advocacy organization PHLUSH (Public Hygiene Lets Us Stay Human) hosted World Toilet Organization (WTO) Founder Jack Sim June 3rd and 4th. Jack came to Portland to meet with local sanitation entrepreneurs, governmental organizations, the local media, and schools. His visit was perfectly timed with PHLUSH discussions regarding emergency toilets for when the next Big One hits.

While in his mid-forties, Jack quit a successful career in business to raise awareness about the need for improved public sanitation. He founded the World Toilet Organization in 2001 to bring toilet issues to the global policy agenda. Since then, WTO has championed human dignity, privacy, sanitation, and emergency preparedness, and opened the discussion regarding all issues that revolve around the basic human need “to go.” Today, WTO is a growing network of 235 organizations in 58 countries. WTO has hosted ten World Toilet Summits and two World Toilet Expos. WTO designated their founding day, November 19th, to be Annual World Toilet Day.

When broaching a discussion about sanitation, Jack’s unique blend of credible professionalism and humorous frankness about the human waste process causes listeners to sit up, take notice, and engage. His elegant, friendly manner and unexpectedly blunt language quickly overcome any trepidation that his audience might initially feel about the subject matter, leading quickly and easily to a conversation about practical and far-reaching solutions. “When we are children, our parents tell us not to talk about [poo]” says Sim. “This is a really serious problem. What you don’t talk about, you can’t improve.”

Jack’s presentations encompass a wide variety of topics related to using the restroom, including privacy, dignity, cleanliness, sanitation, and crime issues in public restrooms. He also stated persuasive reasons for small businesses, companies with many employees, schools, and tourist attractions to take ownership of providing properly cleaned, sanitized, and adequately private restrooms. He explained that clean restrooms make the customer trust the business, and to want to spend more time there, so that leads to increased profits. Jack’s passion is to bring toilets to the 40 percent of the world’s population who don’t have them, and he presents easily replicable models for entrepreneurship in creating toilets in developing countries.



Jack Sim, founder worldtoilet.org, in Nairobi



Jack Sim and Earl Blumenauer

Jack’s accolades and accomplishments are extensive and impressive, including being dubbed a “Hero of the Environment” by Time Magazine in 2008, “Asian of the Year” by Channel New Asia in 2009, and “Asian of the Year” in 2011 by Reader’s Digest Magazine. He has been a guest lecturer at numerous universities, including Yale. In his free time, Jack designs and builds public art sculptures, and mobilizes volunteers to build a 10-acre eco-village in Malaysia. On January 23rd 2012, Jack’s film “Meet Mr. Toilet” premiered at the Sundance Film Festival (<http://www.focusforwardfilms.com/films/5/meet-mr-toilet>).

Did you know? Most waterborne sanitation systems in US cities use drinking water to transport human waste. In periods of heavy rainfall sewer systems sometimes overflow and carry raw sewage into nearby bodies of water.

Each year 1.8 million people die of diarrhoeal diseases. The simple act of washing hands with soap and water can reduce diarrhoeal cases by 35%. Yet the lack of clean water in all locations means that people cannot keep their hands, bodies, and domestic environments clean, leading to high rates of sanitation-related illnesses/deaths.

Two and half billion people worldwide are still without access to improved sanitation – including 1.2 billion who have no facilities at all and are forced to engage in the hazardous and demeaning practice of open defecation leading to sanitation related illnesses.

PHLUSH volunteers organized more than two dozen meetings, interviews and visits for the WTO Director’s three day visit. On Monday, June 4th before a noontime audience at Mercy Corps, US Representative Earl Blumenauer, who is a dedicated advocate on international water and sanitation issues, introduced Sim. The Congressman was welcomed to Old Town Chinatown by PHLUSH Co-Founder and former OTCTNA Chair Tom Carrollo, who noted that with post-census redistricting our neighborhood is now in Oregon’s 3 District.

Public Hygiene Lets Us Stay Human (PHLUSH) is a grassroots organization that advocates for well-designed sanitation facilities in order to restore health to our cities, water, and soil. PHLUSH is a member of the World Toilet Organization and a partner in the Sustainable Sanitation Alliance. For more info see phlush.org.

Chalkboard Project embraces opportunities to build strong schools

Launched in 2004, Chalkboard Project is a non-partisan nonprofit working to unite Oregonians to make our K-12 public schools among the nation's best.



Lionel Clegg, Allan Bruner, Mary McGinnis, and Donna Dubois discuss research on professional development at the second Distinguished Educators Council meeting in Portland

The group aims to help create a more informed and engaged public that understands and addresses the tough choices and trade-offs required to build strong schools.

Chalkboard takes a unique approach to improving Oregon's K-12 public schools by combining independent research with the opinions of Oregonians, designing and implementing pilot programs to test promising practices, and providing a neutral, independent voice to citizens, educational stakeholders, and decision makers around educational practices and policies.

CLASS Project

CLASS, Creative Leadership Achieves Student Success, is Chalkboard Project's education initiative designed to empower teachers and raise student achievement. It is built around four components linked to effective teaching: expanded career paths, educator evaluation systems, targeted professional development programs, and new compensation systems.

CLASS is designed and led by and for teachers, on the ground, one district at a time. All districts focus on the four components listed above, but each district designs a different program tailored to the unique needs of its students and staff.

CLASS impacts about 155,000 students, or 28 percent of Oregon's K-12 public school district student population.

In 2011, the federal government awarded \$24.4M to six Oregon school districts in partnership with Chalkboard to deepen their CLASS Project work through the Teacher Incentive Fund (TIF) grant.

Teacher Preparation Initiative

Oregon K-12 districts and teacher preparation programs have been invited to apply for "Preparing the Next Generation of Teachers" design grants to develop in partnership innovative models for preparing Oregon teachers. The opportunity to redesign and advance teacher preparation in Oregon is a natural extension of our work to provide leadership and support for increasing teacher effectiveness in Oregon's schools. Chalkboard awards three design grants for up to \$40,000 each.

Join the conversation! As part of the effort to elevate the voices of educators, students, and individuals with a passion for education, Chalkboard's blog, ChalkBloggers, features posts on a wide range of topics related to education. The group welcomes submissions and encourages you to comment. Join the conversation at blog.chalkboardproject.org.



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The Sidewalk Ambassadors are on a roll!

With three new bicycle kiosks, ambassadors are now roving and rolling information

by Merlin Varaday



Sidewalk Ambassadors show off new mobile kiosks

Since 2002, the Sidewalk Ambassadors have maintained a noteworthy presence in downtown Portland. This summer, the Sidewalk Ambassadors have a new twist to their program: bicycle kiosks that move to different locations downtown. There are three bicycle kiosks to watch for—an extended vintage bicycle, a basket tricycle, and an “icle tricycle” with a box for brochure racks on the front. Each mobile kiosk has its own fun look, is easy to spot, and is filled with everything you need to know to get the most out of experiencing downtown Portland.

The Sidewalk Ambassadors, who also still roam downtown on foot from Portland State University to Union Station, are sporting a new look with bright green uniforms. Wave them over if you have questions or need information!

Employed by Portland Business Alliance (www.portlandalliance.com), and part of the Downtown Clean & Safe program (www.cleanandsafepdx.com), the Sidewalk Ambassadors help make downtown Portland more hospitable, safe, and welcoming. Want to follow the movements of the Sidewalk Ambassadors? Check them out on Twitter and Facebook.

CHIERS sobering program changes hours of operation

Since 1985, Central City Concern has operated CHIERS, a van staffed by EMTs trained to work with alcoholics and substance abusers. Rather than take intoxicated people to jail, CHIERS staff assess their medical condition and when warranted, take them to the Sobering Program (51 NE Grand Avenue) where they can get sober in a safer, appropriate environment. This public service has safeguarded people who may be a danger to themselves or others.

Due to a reduction in funding, the CHIERS inebriate emergency response service will be reducing its hours of operation from 16 to 10 hours a day. Effective July 1st, 2012, CHIERS will be available from 1:45 pm to 11:45 pm, seven days a week. For service outside these times please call the Portland Police Bureau's non-emergency line at 503.823.3333.

All services at the 24-hour Sobering Station remain unchanged. Please see <http://www.ccconcern.org/contact.html> or call 503.294.1681 with questions.



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A partnership for food justice

By Kris Soebroto

A great new relationship linking folks in Portland's Old Town with a group of young people farming on Sauvie Island has been growing over the summer. Food Works and Sisters Of The Road, with the help of a generous donor and sponsorship by New Seasons Market, have partnered up for the 2012 growing season.

Food Works, under the umbrella of Janus Youth Programs, is centered around a two-acre Sauvie Island farm. Youth leaders are involved in every level of the organization including marketing and outreach, business planning, leadership, public speaking, new crew members support, and running every aspect of the farm from seeding and planting to harvesting and selling at the farmers market. Food Works not only provides employment but participants also receive school credit and the support to succeed academically and in future employment. For residents and families in the St. Johns Woods and New Columbia neighborhoods, Food Works youth hold "Food Pass Out" days which are complimented by youth-led cooking demonstrations out in the streets.

With the summer bounty in full swing, Food Works delivers a weekly supply of freshly harvested produce through October directly to the Cafe at Sisters. Weekly menus incorporate the incredible organic and local abundance into great meals. Food Works crew members will also be volunteering in the Cafe and will have the opportunity to see their hard work put to delicious use. Sisters Of The Road also plans on bringing customers and volunteers out to the Sauvie Island farm to help with harvesting and to see the origins of the food served in the Cafe.

There's been a lot of talk recently about food justice and just what that means. For Sisters Of The Road, a Portland institution created and run in partnership with people experiencing homelessness and poverty, food justice means offering healthy, delicious meals made with love. Together with Food Works, our communities have the opportunity to share stories and share great food, and this is how true learning begins.

Landscape of memories: Taking leadership to shape the world

By Lucilene Lira

It has been almost two years since Sisters Of The Road created its leadership program, The Dorothy Day Community School, named after the cofounder of the Catholic Worker Movement, a movement that arose in the 1930s during deep economic crises and increased poverty. The foundation of Sisters Of The Road and its practices of nonviolence and gentle personalism are based in this movement.

The Dorothy Day Community School (DDCS) was born in a critical moment of the deepening economic recession that saw a sharp increase in families pushed into homelessness, into city shelters, on to our streets, and in our parks. These events gave even more visibility to the "homeless problem" of the times.

DDCS builds on the existing skills and knowledge found within our community. People here are equipped with the experience of homelessness and Sisters' long history of organizing in a cross-class setting of strong allies and skilled leaders to win social justice and economic rights for all. By providing training, community organizing skills, and a shared strategic analysis, the vision of DDCS is to grow a movement that ends the calamity of homelessness from the ground up. The vitality of the leadership program and its ability to implement change is supported by three pillars:

- Economic Human Rights in which people are not discriminated against and criminalized because they do not have economic resources;
- Systemic Work that goes to the root causes of why institutions have dismantled our social and economic safety net;
- Nonviolence Philosophy, the basis for all work at Sisters.

To be successful, DDCS provides a safe space for critical learning, reflection, and action in which participants can start the process of understanding and connecting their individual situations to how society works, and create collective solutions. Playing a critical role in being part of the solution, over 50 community leaders have attended monthly trainings, a three-day training retreat each quarter, and participate in various community activities, city events, and neighborhood meetings. The strength of the program is due, in part, to the Sisters partnership and collaboration with Right 2 Survive and Right 2 Dream Too Rest Area located on the corner of NW 4th and Burnside in Old Town Chinatown.

Right 2 Dream Too has been a fertile ground for emerging leaders. It has provided a stable community in the fragile lives of many by giving everyone who calls this home an opportunity to practice creative solutions to their own problems. Many of these leaders are participating in the DDCS leadership training program and learning the tools and skills to become effective community organizers. Through workshops on meeting facilitation, public speaking, grassroots fundraising, lobbying our legislators, messaging at city hall, and participating in public events to bring awareness and education about those experiencing homelessness, DDCS plays a vital role in supporting community leadership. The School is shaping a strong community filled with people who have gained critical skills to create a more equal and just world for everyone.

Learn more about DDCS and its programs at sistersoftheroad.org.

New maps show Portland's natural hazards by neighborhood

What's the earthquake risk in your neighborhood? Is your home or business located on a flood plain? To find out the answers to these questions and more, check out the new maps created by the Portland Bureau of Emergency Management (PBEM). The maps—made in partnership with Portland's neighborhood coalition offices—identify natural hazards throughout the city. They offer a neighborhood coalition by neighborhood coalition account of known earthquake faults, flood plains, and other dangers, including hazardous material sites, steep slopes, and forested areas at risk of fire. The maps also show community resources such as evacuation routes and key transportation corridors used during emergencies, hospitals, county clinics, schools, fire stations, and police facilities within each neighborhood coalition area.

Each map can be downloaded directly from PBEM's website www.portlandoregon.gov/pbem. Larger versions are available for viewing in person at the following seven neighborhood coalition offices, including Neighbors West/Northwest at 2257 NW Raleigh.

The maps were created by compiling information from a variety of existing sources, including data from the U.S. Geological Survey, Federal Emergency Management Agency, and Oregon Department of Geology and Mineral Industries.

Wellness oasis in Old Town's Wax building

A local entrepreneur has purchased one of Portland's historic Old Town buildings, transforming it into a sanctuary that promotes wellness and preventative care. The new clinic is located in the 86-year-old Wax Building on Northwest 3rd and Burnside. Today, bamboo floors, fresh floral colored paint, tranquil music, and elegant plants, provide an inviting respite for patients and visitors. The space seems to offer the gift of good health to anyone who walks in the door.

The founder of the new 2bwell Downtown Community Health Clinic is Siamak Shirazi, a Portland acupuncturist who is director of 2bwell group. He currently operates a clinic with a staff of 15 in Lake Oswego. This second office allows for more services and employees, and is structured to provide services to everyone, including low income and those who lack health insurance.

After nearly a year of renovations, 2bwell Downtown Community Health Clinic is a far cry from the gritty history of the last century in the building. The Wax building was built in 1926 by Frohman Wax. Originally, the building spanned into the middle of Burnside but in the early 1930s Burnside was widened and half of the building was removed. The entirety of the building was occupied by United Clothing Co. which sold work clothes and supplies to railroad workers, loggers, longshoremen, and sailors. In 1939, just prior to WWII the upstairs was converted to medical space for different practitioners. Most recently, Mercy & Wisdom Clinic operated out of the space, which is where Dr. Shirazi (LAc, DOM) served as a volunteer acupuncturist. He enjoyed working with the eclectic mix of patients and fell in love with the character of the building. When the property came up for sale, he jumped at the opportunity. His vision is to continue providing wellness care from the first floor of the building, preserving the original mission of serving low income and uninsured. With Northwest College of Naturopathic Medicine and University of Western States Chiropractic all in the same building, this location is now a hub for health and wellness.

Learn more about 2bwell Community Health Clinic at 2bwell.net.



2bwell's Old Town Chinatown location, the historic Wax Building



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Artist Spotlight: Dorothy Goode

By Merlin Varaday

Dorothy Goode—a regularly featured artist at Butters Gallery—is developing a new body of work for the October show, entitled “Other People’s Secrets.” The show will be an investigation into the relationship between gesture and words. For the first time, Dorothy will be using iridescent, metallic, and interference pigments, which impart an ethereal sheen to the paintings and make them appear to change color as the viewer looks at them from different angles. The works are hyper-energetic and more boldly colorful than ever.



"Paintings I wrote on in 2009" by D. Goode

Her usual media, which will be used in the upcoming show, is egg tempera on panel, but she also creates highly detailed pen drawings and pencil drawings. She describes her style as abstract expressionism.

Dorothy was recently honored as her piece “Paintings I Wrote On in 2009, No. 17” was featured in the live auction of the annual Cascade AIDS Project Art Event, curated by Bonnie Laing-Malcolmson (also curator of the Northwest Art at the Portland Art Museum).

Dorothy, whose work and career path can be viewed at www.dorothygoode.com, received a Bachelor of Fine Arts degree from Northern Arizona University in 1990. She studied painting, printmaking, drawing, and illustration at the University's Visual Communications Program. Dorothy has exhibited in Oregon, Washington, California, Georgia, and New Mexico.

Currently, Dorothy works on numerous paintings simultaneously in a loft studio in Southeast Portland. When asked about her conversation-generating new pieces for the show “Other People’s Secrets,” Dorothy says that the process was a “thrilling impulse.”



"Pretty mess with words" by D. Goode



Butters Gallery space

Gallery Spotlight: Butters Gallery *Butters celebrates 24 years*

By Merlin Varaday

In August, Butters Gallery will celebrate their 24th anniversary with a group show. Several of the gallery’s previous artists will contribute their work, and the exhibit will also highlight new work from Portland’s Carolyn Cole, New Mexico’s Michael Kessler, and New York’s Melinda Stickney-Gibson and new glass sculpture from Venetian Alessandro Casson. Don’t miss the First Thursday reception on Thursday, August 2nd from 6:00 to 9:00 pm. The show runs August 2nd to September 1st, 2012.

In September, Butters Gallery will feature Portland artist Elise Wagner. In addition to working on her much anticipated exhibition at Butters Gallery, Wagner has had a very busy summer! In June, Elise was a panelist at the 6th International Encaustic Conference in Cape Cod’s Provincetown, where her work was in three group shows. She was also nominated in four categories for the la Vendéenne Award for artists working in encaustic. She was the subject of a June feature story in the online magazine BePortland.com. Finally, Elise was the featured artist at the Portland Piano International Summer Festival at the World Forestry Center in July. Butters Gallery’s First Thursday reception featuring Elise Wagner will be Thursday, September 6th from 6:00 to 9:00 pm. The exhibit will run September 5th through 29th.

In October, Butters Gallery will present a two-person show featuring new works by Dorothy Goode and an installation by Andrea Schwartz-Feit. Schwartz-Feit is working on a bold, fresh body of work entitled “Full Circle,” which will be an installation combining her signature wax paintings on panel, along with her wax figurines. Recently, Schwartz-Feit’s work was published in *Art on the Hill*, documenting the collection of the Oregon Health Sciences University. Her work was also awarded First Prize in the International Encaustic Art exhibition. First Thursday reception: October 4th, from 6:00 to 9:00 pm. Show runs October 4th through 27th.

Established in 1988, Butters Gallery is a family-owned and operated gallery presenting monthly exhibits by artists from throughout the United States and abroad, including several prominent Northwest artists. Work shown at Butters Gallery covers a broad spectrum of styles and media, including oil painting and mixed media on canvas and panel, as well as glass, metal, ceramic, and multi-media sculpture. The 5000 square-foot loft gallery is located at NW 5th and Davis Street and online at www.buttersgallery.com.

A note of appreciation – Red Robe Tea House & Café anniversary

Friday, August 3rd will be a special day for Red Robe Tea House & Café as it celebrates its first anniversary. Pearl Zhang and Raymond Liu, who run the café (and operated a Chinese restaurant on the corner of Broadway and Everett in the Gilt Club location until the mid 2000s), are expressing their thanks to our community for kind support during their last twelve months of business. To celebrate, Red Robe is offering a 50% discount during the month of August to all customers who mention this article when placing their meal and tea orders.

Pearl notes: "Since the first day we began to operate this tea house, we aim at providing healthy food and drink to our customers. The method of Chinese tea drinking has evolved through the ages. When we were young our parents helped us to developing the habit of tea drinking. We learned how to prepare Gongfu tea from them, too. In our traditional Chinese custom, tea tasting generates much pleasure in our daily lives. Tea not only has medicinal uses, it can also improve our quality of life. It contains many nutrients that contribute to good health. My husband loves cooking and would spend time on improving his knowledge and skills on how to prepare healthy and tasty food. After operating for a few months we noticed the number of customers who visited Red Robe regularly has increased. We are pleased to hear from them that they found pleasure in drinking tea."

Red Robe is not only a place for food and tea, it is a great venue for social gatherings and event hostings. For group activities, audio and video equipment, a projector, karaoke machine, and large screen have been installed. Different organizations have made use of this convenience to hold their meetings and educational seminars at the café.

Visit Red Robe Tea House & Café at 310 NW Davis Street and online at redrobeteahouse.com.

Portland City Council approves Arts Education and Access Fund

The Creative Advocacy Network (CAN) and the CAN Action Fund are working to restore arts education to our schools and improve access to the arts in Portland. A plan has been developed—the Arts Education and Access Fund—which was approved by Portland City Council for the November 2012 ballot. If approved by voters, the Arts Education and Access Fund will restore arts and music education to every Portland elementary school and improve access to the arts in every classroom and community. "We must ensure that every student has access to music and the arts," Mayor Sam Adams said. "And that the riches of Portland's creative community are available to all of our citizens, regardless of income or neighborhood."

The Arts Education and Access Fund is a capped income tax limited to \$35 for every income earning resident 18 years of age and older living in households above the federal poverty guidelines. Funds will go to all schools that serve Portland students within the six Portland school districts. Funds will also be distributed to the Regional Arts & Culture Council (RACC) to support grant applications by nonprofit Portland arts organizations. To learn more, see www.theartscan.org.

Celebrating 40 years of Hooper

by Kathy Pape

On September 10, 2012 from 4:30 to 7 pm, Central City Concern will celebrate 40 years of Hooper Detox at the Left Bank Annex, 101 N Weidler Avenue. The event, sponsored by the Oregon Association of Hospitals and Health Systems, coincides with National Recovery Month promoted by the Substance Abuse & Mental Health Services Administration. This year's theme for recovery month is "It's Worth It."

"Hooper"—known throughout the city as an entry point for drug and alcohol recovery—began with the death of an eccentric, intelligent man, David Philip Hooper. A track star at Franklin High School and Linfield College in the 1930s, David struggled with alcoholism his entire adult life. He was arrested 93 times for panhandling and public intoxication. He died in jail on March 6, 1971, after an arrest.

At the time of David's death, civic leaders had been discussing the inebriate problem in the Old Town neighborhood. David was well-known to many in Portland and his death galvanized action. Leaders pledged he would be the last person to die of alcoholism in jail. In swift order, they secured a National Inebriate Grant and the Hooper Center (sobering and detox services) opened in October 1971.

Hooper Detoxification Stabilization Center provides medical detoxification and stabilization for individuals over a four- to ten-day stay. In 2010, Hooper Detox moved to a new space,



David P. Hooper

centrally located near the Rose Quarter. More than 2,000 people (many homeless and without insurance) start their drug/alcohol recovery process at Hooper Detox every year. Upon exiting Hooper Detox, staff work to connect individuals with ongoing recovery support and housing if needed.

A phrase often referred to by Hooper staff and alumni is: "When most thought it was the end, the Hooper Center was the beginning."



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Portland Saturday Market Vendor Spotlight: Lavender Haven

By Lisa Nichols

Judy Richardson never thought of selling lavender products as a career goal. In fact, it all started as a dream.

"I was sitting on my acreage in NE Portland on the Columbia Slough watching my horses when I visualized a sea of purple flowers. I didn't know what they were, but I knew they meant something." It wasn't until she began exploring classes at Oregon Extension in 1995 that she saw her first lavender plant and knew, she was meant to grow and sell lavender.

Upon a recommendation from a neighbor, Judy began her business by selling little bundles of lavender to Swan Island florists in 1998. One day, Frank Adams, one of the florists, told her, "You know, you could make more money if you sold lavender directly to customers." By 1999, Judy was set up at a farmers market getting her start in business. In a market surrounded by gorgeous flowers and colorful fruits and vegetables, the simple fresh-cut lavender didn't impress every vendor. "It's not that pretty," one told her on her very first morning at the market. "Not that much to look at, is it?"

She sold out by noon.

Soon, Judy realized there were benefits to letting customers see her working so they could experience part of the process. She decided to bundle lavender on site, as a demonstration. Passers-by stopped to buy lavender, and just to watch her work. Judy began attending seminars about the many products she could be making with fresh lavender, and "from then on, it was a go." By the end of 2003, Judy had signed on with the Saturday Market.

Today, Judy offers more than 30 lavender products, ranging from soap to lotion to sachets to neck wraps and a lot more. The body powder, sugar scrubs, lip balm, and body balm are some of Lavender Haven's hottest selling products, and the lavender spritz is a timeless customer favorite. "Customers tell me the lavender spritz calms them down, and misted over pillows, helps them to sleep," says Judy.

All of the Saturday Market vendors take great pride in how their booths look, and in presenting their wares. "We're a show," Judy explains. Customers respond positively to the energy level of the vendors and it only works to bring in more business, says Judy. "If you embrace what you're doing and if you show the love for what you're doing, it projects."

"After all these years, people still come back. Many customers return with family members, or call out of state friends and family on their cell phones to ask them what they want from my booth. That's...something. It feels right to me. It feels good. It makes me get out there ready to pick lavender."



Upcoming arts events

First Thursday, Oregon Nikkei Legacy Center. "Selections From: Shadows of Minidoka" features the work of Northwest native Roger Shimomura. 121 NW 2nd Avenue, oregonnikkei.org, 503.224.1485.

Hybrid Cosmology, July 14 through August 26, Disjecta. Saya Woolfalk will develop a series of Shinto gate-like structures activated by a live performance in Disjecta's outdoor exhibition space. She will be working with three dancers from Portland who will become Empathics and who are slowly mutating from an un-pigmented plant form to a polychromatic one. Woolfalk will use this science-fiction inspired project to attempt to undermine stable conceptions of identity and examine how hybrid identities emerge and transform through biological and cultural contact.

Art In The Pearl, September 1st through 3rd. The 16th annual festival will happen in the North Park Blocks. Art In The Pearl has been named one of the top 10 Arts and Crafts Festivals in the country. The festival fills the Northwest Portland Park blocks with art, theater, music, and hands-on activities for people of all ages. Complete info is at artinthepearl.com.

Time-Based Art Festival, September 6 through 16, Portland Institute For Contemporary Art (PICA). PICA's annual Time-Based Art Festival (T:BA) draws artists from across the country and around the globe for a convergence of contemporary performance and visual art in Portland, Oregon. Celebrating its tenth year, the T:BA Festival happens in September, with visual art exhibits running through October. T:BA activates the entire community with art and ideas. This year, White Box will be home to interactive sound and video installations by Claudia Meza as part of T:BA:12. Individual performances and events have been announced and can be found at pica.org/tba.



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Learning Booklist

Wise Up: The Challenge of Lifelong Learning by Guy Claxton

Education and the Significance of Life by J. Krishnamurti

Learning as a Way of Leading: Lessons from the Struggle for Social Justice by Steven Presskill and Stephen D. Brookfield

The Heart of Higher Education: A Call to Renewal – Transforming the Academy Through Collegial Conversations by Parker J. Palmer and Arthur Zajonc

Born to Rise: A Story of Children and Teachers Reaching Their Highest Potential by Deborah Kenny

Waiting For Superman: How We Can Save America's Failing Public Schools (book or DVD) edited by Karl Weber

Pathways to Lifelong Learning: Teaching Through the Arts (Downloadable Video) by Sunburst Visual Media

The Republic and the School: Horace Mann on the Education of Free Men edited by Lawrence A. Cremin

The Flat World and Education: How America's Commitment to Equity Will Determine Our Future by Linda Darling-Hammond

Making Lifelong Learning Work: Learning Cities for a Learning Century by Norman Longworth

Mentor: Guiding the Journey of Adult Learners by Laurent A. Daloz

Multnomah County Library has books, DVDs, CDs, and more to help you keep learning for a lifetime! Visit the Central Library at 801 SW 10th Avenue or go to the web site at www.multcolib.org

Scuola Italiana di Portland announces fall schedule and open house

Registration for the fall term is now open. To request a schedule, register for a class, or learn more about programs, please visit www.scuola.us, email info@scuola.us, or call 971.270.0470. An Open House is scheduled for September 8, 2012 from 10:30 am to 12:30 pm at the Zimmerman Community Center, 1542 NW 14th Avenue.

Scuola Italiana's mission is to promote the Italian language and culture to children and adults in a student-centered environment, nurturing responsible, global citizens by providing cross-cultural understanding and fostering a deep appreciation for world civilizations that intersect with the Italian culture.

Painters, poets, and scholars – the art of Chinese gardens

An ancient Chinese garden was a place for male family members to practice the traditional gentlemanly and scholarly arts of painting, calligraphy, poetry, and music. These activities took place in the Scholar's Hall (equivalent of Dad's office). Wives, concubines, unmarried women, and daughters would congregate on the top floor of a two-story building (like the Teahouse at Lan Su) to practice the traditional arts of embroidery and dowry preparation.

Visitors to Lan Su Chinese Garden continue to enjoy a series of demonstrations and activities in the traditional scholarly arts. Visit www.lansugarden.org for the myriad of engaging activities, including the following:

The Art of Embroidery. Traditional, hand-stitched silk embroidery is exhibited throughout the garden's pavilions. King's Silk Art from China represents the 2,500 years of tradition in creating pictures from embroidery stitching. All the art is for sale at prices for all budgets.

The Arts of Calligraphy & Brush Painting. Master calligraphers demonstrate the fluidity of Chinese characters that fly together to create poetry. Brushes are loaded with color as the art of classical Chinese brush painting is demonstrated.

The Arts of Papercutting & Seal Carving. For centuries, one sheet of paper and one pair of very sharp scissors have been used to create intricate and delicate pictures. Papercutting artist Carol Chow demonstrates this summer. Before wax seals and electronic signatures, individual artists, and scholars signed their work with a stamp carved in stone. Dan Lucas demonstrates how and shares his personal "chop" collection.

The Arts of Music & Dance. All aspects of Chinese music is explored, played, and enjoyed this summer. A special treat occurs the last Sunday of each month from 1:00 to 3:00 pm with the Orchid & Bamboo Children's Ensemble performing folk dances and traditional Chinese music.



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OCOM joins Old Town Chinatown Neighborhood

continued from page 1

and internally. Feng shui, an increasingly familiar interior concept commonly used in China, is used in buildings and designs spaces to maximize their potential for success. Similar to the foundation of Traditional Chinese Medicine (TCM) taught in OCOM's programs, feng shui is based on the principles of yin-yang theory. It focuses on the harmonious balance of the five universal elements—water, earth, metal, fire, and wood—and “treats” the built environment through the use of things like strategically placed mirrors, greenery, crystals, and use of color. These principles, whether applied to building or individual, seek the same result: the creation of prosperity, health, and success.

The finished building houses OCOM's entire campus including the public clinic, Chinese Herbal Medicinary, classrooms, and faculty and staff offices. OCOM's Herbal Medicinary, bookstore, and a large community room for public classes and events are located on the first floor; the second and third floors contain master's and doctoral classrooms, offices, and a library; the OCOM clinic resides on the fourth floor, along with a group acupuncture treatment room and medical records department; and the fifth floor executive suite includes offices, a board room, and an outdoor deck and green roof.

OCOM's new downtown building will bring more than 350 faculty, staff, students, and patients into the neighborhood on a daily basis. Clinic services provided at the new site include master's and doctoral resident acupuncture appointments, private practitioner acupuncture appointments, Tui Na and Shiatsu massage, Chinese herbs and herbal consultations, public qigong classes, and weekend specialty clinics focused on chronic conditions. OCOM will also continue to provide Chinese medicine health care services at their OCOM Hollywood Clinic and OCOM Cherry Blossom Clinic.

Founded in 1983, OCOM is a single-purpose professional graduate school that offers two specialized degree programs—Master of Acupuncture and Oriental Medicine (MAcOM) and Doctor of Acupuncture and Oriental Medicine (DAOM). OCOM's mission is to transform health care educating highly skilled and compassionate practitioners, providing exemplary patient care, and engaging in innovative research within a community of service and healing. The college's 1,050 graduates practice, teach, and research Traditional Chinese Medicine (TCM) in 37 states around the country, and have provided an estimated 10 million treatments over the past 29 years. For additional information, please visit www.ocom.edu or contact Gretchen Horton at 503.253.3443 x204, ghorton@ocom.edu.



President and CEO Dr. Michael Gaeta celebrates OCOM's move to OTCT

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A photograph of a person holding a sign that says "Travel dream lets go to the Portland Saturday Market. adventure". The sign is black with white and red text and a small heart.

Experience the local difference

A photograph of a Visa credit card with a scenic view of a city skyline.

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A photograph of the interior of the Dirty Nightclub & Party Bar, showing a stage with a DJ booth and a dance floor.